What is claimed is:

20

1. Footwear comprising:

a pan member provided in a front part of a face of an outer sole of the footwear, the face being to be in contact with a sole of a foot, wherein

said pan member is provided with a shock absorber that comes into contact with a front part of the sole of the foot to absorb an impact.

- 2. The footwear according to claim 1, comprising:
- an upper leather and a shoe sole bonded at its upper portion to the upper leather, the upper leather being formed in a shape enclosing an instep of the foot and having a bottom opening rim closely resembling an outer shape of the sole of the foot, wherein
- a pan member is bonded to a front part of the bottom opening rim of said upper leather so that a front part of the upper leather is formed in the shape of a bag to enclose a toe, and said pan member is provided with a shock absorber.
  - 3. The footwear according to claim 1 or 2, wherein said shock absorber comprises a gel.
  - 4. The footwear according to any one of claims 1 to 3, wherein

the shock absorber has an Asker F hardness of 30 or more and 90 or less.

5. The footwear according to any one of claims 1 to 4,

wherein

10

the shock absorber has an Asker F hardness of 30 or more and 90 or less and an Asker C hardness of 10 or more and 25 or less.

6. The footwear according to any one of claims 1 to 5, wherein

the pan member is formed to have a size with the length and width corresponding to those of a region of the sole of the foot from a tiptoe to a front end of an arch.

7. The footwear according to any one of claims 1 to 6, wherein

the shock absorber is formed to have a size with the length and width corresponding to those of a region of the sole of the foot from a tiptoe to a front end of an arch.